

# Journal to Unlock Your Prosperity ♥ Week 1

What is the ONE (or two) nugget(s) you got from this first session?

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What is your vision for the next 3 weeks and 3 months?

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What do you choose to implement this week? Why?

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Date \_\_\_\_\_ **“i make today a glorious day!”**

Set your intention for the day: \_\_\_\_\_

- Prosperity Prayer       Mirror Exercise       Decluttered 3-10 things  
 Open yourself to receive (affirmation, meditation with feeling, etc.)

Today I am... [state what you want to be, do, get, feel]:

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Name 5 things you are you grateful for today:

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