

SUCCESS ACCELERATION SYSTEM™

Intuition • Clearing • Activation • Healing

Clearing Practice #4: What {positive energy} are you feeling right now?

Prepare yourself to work then ask if you are feeling any of these energies. If you get a YES, then playfully find which one(s). If you get a NO, then ask: "Is there one (or two) of these energies that my Higher Self (and Inner Self or Expanded Self) would like me to feel right now? Once you have found the energy, close your eyes and call it in. Feel this energy for a minute. Enjoy! ♥

Affectionate	Enchanted	Intrigued	Renewed
Alert	Encouraged	Invigorated	Rested
Amazed	Energetic	Involved	Restored
Amused	Engaged	Joyful	Safe
Appreciative	Engrossed	Jubilant	Satisfied
Astonished	Enthralled	Lively	Secure
Awed	Enthusiastic	Moved	Serene
Blissful	Excited	Open	Still
Calm	Exhilarated	Optimistic	Stimulated
Centered	Expectant	Passionate	Sympathetic
Clear headed	Exuberant	Peaceful	Tender
Comfortable	Fascinated	Pleased	Thankful
Confident	Fulfilled	Proud	Thrilled
Content	Giddy	Quiet	Tickled
Curious	Glad	Radiant	Touched
Delighted	Grateful	Rapturous	Tranquil
Eager	Happy	Refreshed	Trusting
Ecstatic	Hopeful	Rejuvenated	Vibrant
Elated	Inspired	Relaxed	Warm
Empowered	Interested	Relieved	Wonder